

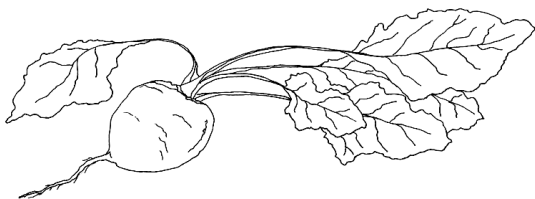
## SO WHAT'S THE NEW BEAT?

\* The sound of horses instead of tractors. \*

\* Self-sustaining communities \*

\* Ecological, social and economic health, from soil to soul, from farmer to your family. \*

\* Taking the best of the old ways to work with new systems \*



### ABOUT US.

We want to be your farmers. Farming is not just our job, but a lifestyle we strive to maintain and share with our community. We farm because it is the best way for us to practice our ideals and give back. We believe that through developing healthy farm ecosystems we can help to build healthy, intelligent and self-reliant communities.

We are a MOFGA Certified organic farm, growing vegetables, flowers and herbs in Knox, Maine. Through careful management of soil fertility, we strive to provide our customers with the freshest and most nutrient dense produce possible. We work the land together with the help of our two workhorses Star and Jewel. With a combined experience of over ten years in organic farming we are confident in our ability to provide our shareholders with a reliable, well-balanced share throughout the growing season.

## SUMMER VEGETABLE SHARES:

Our share comes in two sizes. The Standard Share is designed to feed two adults who eat vegetables as a major part of their diet. Family Shares are made to feed a family of four or more. It may also suit couples or individuals who want to put some of their food by for the winter months. Our shares are well balanced providing you with seasonal diversity while at the same time a standard you can count on. Our Summer shares run from mid-June through mid-October (18 weeks). Each weekly share includes a newsletter with recipes and updates from the farm.



By being a shareholder you not only invest in our farm, you help to strengthen your local community and support sustainable agriculture practices.

### FLOWER SHARE:

So how about feeding the soul a little bit? Our flower share provides shareholders with a beautiful bouquet of cut flowers every week from July through mid-September. Each share will receive 15 bouquets over the course of 12 weeks.

## WINTER VEGETABLE SHARE:

Our Winter Share helps provide you with local food all year long. In each bi-weekly box, November through March, you will receive a mixture of winter storage crops to last you for two weeks. Included in the winter share are winter squash, potatoes, carrots, beets, cabbage, celeriac, brussels sprouts, leeks, onions, garlic, shallots, parsnips, rutabaga and winter hardy greens in November and December. The share is designed to feed two adults who eat vegetables as a major part of their diet. Each weekly share includes a newsletter and updates from the farm. If you are a family and are looking for a winter share, consider buying two!



## BE A PART OF OUR COMMUNITY!!!!

### SIGN UP FOR:

**CHECK ALL THAT APPLY**

### SUMMER SHARE

#### STANDARD SHARE (\$325)

- \* FARM PICK UP
- \* BELFAST PICK UP GROUP
- \* WATERVERILLE PICK UP GROUP
- \* PORTLAND DELIVERY
- NORTH ST. PARK
- WOODFORDS CHURCH

#### FAMILY SHARE (\$500)

- \* FARM PICK UP
- \* BELFAST PICK UP GROUP
- \* WATERVERILLE PICK UP GROUP
- \* PORTLAND DELIVERY
- NORTH ST. PARK
- WOODFORDS CHURCH

### WINTER SHARE (\$250)

- \* FARM PICK UP
- \* BELFAST PICK UP GROUP
- \* WATERVERILLE PICK UP GROUP
- \* PORTLAND DELIVERY

**FLOWER SHARE** \$100

### PORTLAND DELIVERY FEE

FOR ALL PORTLAND SHAREHOLDERS \$50

DONATION TO HELP FUND A SCHOLARSHIP SHARE \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

### PAYMENT PLANS: (PLEASE CHECK ONE)

- PAY IN FULL
  - PAY IN 4 MONTHLY INSTALLMENTS (HAVE PAID IN FULL BY MAY 1<sup>st</sup>)
  - PERSONAL PAYMENT PLAN (PLEASE CONTACT US TO SET-UP)
  - WORK SHARE (CONTACT US) (WORK OFF PART OF YOUR SHARE)
  - I COULD USE THE FOLLOWING HELP TO PAY FOR MY SHARE \$ \_\_\_\_\_
- CONTACT US FOR AN EBT PAYMENT PLAN.**

PLEASE FILL OUT FORM COMPLETELY  
FRONT AND BACK, CUT OUT AND SEND  
WITH A CHECK TO THE ADDRESS  
BELOW.

\*MUST INCLUDE AT LEAST A \$50  
DEPOSIT TO HOLD YOUR SHARE.\*

**NEW BEAT FARM**  
**55 MORSE RD. KNOX, ME 04986**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### Delivery Sites & Pick Up Groups

All of our shares are picked up or delivered  
WEDNESDAYS.

PICK UP AT THE FARM BETWEEN  
3:30-6:00pm

Farm pick up groups are groups of  
shareholders from neighboring towns who  
take turns picking up the shares for the  
group at the farm on a rotating weekly  
basis, and then bring the shares to a  
central home in their town to be picked up  
by group members. We currently have pick  
up groups set up for Waterville and  
Belfast. Contact us for more information

We deliver our shares in Portland to the  
North Street Park, on Munjoy Hill as well as  
Woodfords Church. The Portland shares  
will available for pick up from 4:30-6pm.

## COMMUNITY SUPPORTED AGRICULTURE

To be a shareholder in a CSA is to be a member  
of a community based around a farm. A member  
gives their support to the farm in winter and early  
spring allowing them to plan and buy supplies,  
and the consumer receives a generous share of  
fresh picked, certified organic produce  
throughout the summer and fall. In return for  
supporting the farm early in the season you  
enjoy our vegetables for below market prices,  
making it the most affordable way to buy local  
organic produce. New Beat Farm shareholders  
also get the opportunity to get connected to the  
land, hands, and horses that supply their food at  
shareholder events on the farm and through our  
weekly newsletters .



### WHY HORSEPOWER?

We choose to farm with horsepower mainly because we  
just really like horses! They allow us to cultivate the  
fields with minimal soil compaction and provide us with  
a valuable source of manure. Our Belgian Drafts help  
us to minimize the use of fossil fuels and outside  
fertilizers in an effort to be as self-reliant as possible.

## Seasonal Crop Availability

	Jun	Jul	Aug	Sep	Oct
Arugula	•	•		•	•
Basil		•	•	•	
Beans		•	•	•	
Beets		•	•	•	•
Broccoli			•	•	•
Broccoli Raab	•			•	•
Brussels Sprouts					•
Cabbage			•	•	•
Carrots		•	•	•	•
Chard	•	•	•	•	•
Chinese Cabbage	•			•	•
Collards		•	•	•	•
Corn		•	•		
Cucumber		•	•	•	
Garlic		•	•	•	•
Herbs	•	•	•	•	•
Kale	•	•		•	•
Lettuce	•	•	•	•	•
Leeks					•
Mesculin	•	•	•	•	•
Onions & Scallion	•	•	•	•	•
Parsnips					•
Peppers		•	•	•	
Potatoes		•			•
Radish	•	•		•	•
Rutabaga				•	•
Snap Peas	•	•			
Summer squash & zucchini		•	•	•	
Tomatoes		•	•	•	
Winter Squash				•	•



COMMUNITY  
SUPPORTED  
AGRICULTURE

**SIGN UP NOW FOR  
OUR 2011 SEASON!**

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